



# WAXXXX DEFINITIVE WAXING®

## Product Training And Techniques In Full Body Waxing

### ENTRY REQUIREMENTS

Completed TP1 & TP2

#### AIM

This comprehensive course is designed to provide the therapist with all the theory and practical techniques they need to advance their career in waxing. Learners learn how to wax numerous body areas including the chest, back, arms, legs and more. They also learn how to reduce the pain of waxing through effective and efficient methods. We teach our learners about hair growth cycles, and ingrown hairs. We also provide and promote numerous after-care solutions to reduce redness and irritation.

#### OUTCOME

- The participants will receive a deeper understanding of the following -
1. The Anatomy and Physiology of the Skin and Hair
  2. Theory and application of WaxXXX waxes and its complementary salon and homecare products, including hot waxing and strip waxing
  3. Contraindications to waxing
  4. Skin disorders and diseases
  5. Understanding the steps and sequence for the WaxXXX Academy Full body waxing
  6. Focus on the economical use of wax and speed of waxing

#### COURSE CONTENT

- Follow Health and safety in the salon
- Anatomy and Physiology of the skin and hair
- Understanding the muscular system for the body
- The Skin Diseases and Disorder for the skin
- The WaxXXX Range of products
- Identify contraindications to waxing
- Topics: Full body waxing choreography
- Hot and strip waxing techniques
- Provide post-treatment advice

#### DURATION

79 hours



# WAXXXX DEFINITIVE WAXING®

## Product Training And Techniques In Facial Waxing

### ENTRY REQUIREMENTS

Completed TP3

#### AIM

This course is designed to help therapist advance from body waxing to facial waxing with knowledge of skin care.

#### OUTCOME

The participants will receive a deeper understanding of the following -

1. The Skeletal Structure of the Head
2. The Muscular System of the Face and Neck
3. The Circulatory System of Face and Neck
4. The Anatomy and Physiology of the Skin and Hair
5. The application of the WaxXXX range of products for Facial Waxing
6. Understanding the steps and sequence for the Waxxxx Academy Facial Waxing

#### COURSE CONTENT

- Health and safety in the salon
- Anatomy and Physiology of the head/face/neck
- Understanding the circulatory system for the face and neck
- Anatomy of the skin and hair
- The Skin Diseases and Disorder for the face
- The WaxXXX Range of products
- Facial Cleansing procedure
- Facial Massage Steps
- Facial Waxing Steps

#### DURATION

79 hours



# WAXXXX DEFINITIVE WAXING®

## Product Training And Techniques In Intimate Waxing

### ENTRY REQUIREMENTS

Completed TP1 and TP2

#### AIM

This hands-on course provides learners with in-depth theoretical and practical techniques of the popular 'Boyzilian' wax. Learners will master industry techniques, hygiene, sanitation and safety, as well as client consultation and contraindications to waxing – thus enabling them to understand and perform the treatment with confidence and comfort.

#### OUTCOME

The participants will receive a deeper understanding of the following -

1. The Anatomy and Physiology of the Skin and Hair
2. The Anatomy of Male Genitalia and Female Genitalia
3. Theory and application of WaxXXX waxes and its complementary salon and homecare products
4. Contraindications to waxing
5. Understanding the steps and sequence for the Waxxxx Academy Intimate waxing treatment

#### COURSE CONTENT

- Follow Health and safety in the salon
- Anatomy and Physiology of the skin and hair
- Anatomy of the Male Genitalia and Female Genitalia
- 5 steps to performing an intimate wax for males and females, including the sac and crack
- Client positioning, specific wax application and skin stretching techniques
- The WaxXXX Range of products
- Identify contraindications to waxing
- Provide post-treatment advice

#### DURATION

59 hours





# WAXXXX DEFINITIVE WAXING®

## Product Training And Techniques In Prenatal Waxing

### ENTRY REQUIREMENTS

Completed TP4

#### AIM

This is the core training course for therapists wishing to specialise in prenatal waxing. It provides learners with in-depth theoretical and practical techniques and includes skin biology as well. Skin biology describes the knowledge required to apply the principles of skin biology to waxing treatments.

Pregnancy is a very special time in a woman's life that creates significant physiological, structural, and psychological changes. This course helps learners to gain a greater insight into the complex body and system changes and give them the confidence and knowledge to perform this treatment.

During this course, learners will master the appropriate techniques and style of application suitable for each trimester.

#### OUTCOME

The participants will receive a deeper understanding of the following -

1. The Anatomy and Physiology of the Skin, Hair and Pregnancy
2. The Anatomy of the Female Genitalia
3. Theory and application of WaxXXX waxes and its complementary salon and homecare products
4. Precautions and working positions
5. Understanding the steps and sequence for the Waxxxx Academy Intimate waxing treatment

#### COURSE CONTENT

- Topics: Follow Health and safety in the salon
- Anatomy and Physiology of the skin, hair and pregnancy
- Anatomy of the Female Genitalia
- What happens during a healthy pregnancy in all 3 trimesters
- 5 steps to performing an intimate wax for pregnant clients
- Specific wax application and skin stretching techniques
- Understanding new working positions suitable for changes in the pregnant body
- The WaxXXX Range of products
- Identify contraindications to waxing
- Provide post-treatment advice

#### DURATION

59 hours